

Low temperature washing: laundry guidance

WHAT KIND OF LAUNDRY ARE YOU WASHING?



- 1 Normal laundry items**
Are you washing normal laundry items, and is no one in the household ill (or especially vulnerable to infections) ?
- 2 Items of ill persons, clothing of their carers, or items of vulnerable persons**
Are you washing items of people who are ill or especially vulnerable to infection, or clothing of their carers?
- 3 Professional clothing that may be contaminated**
Are you washing health care uniforms, or other clothing that may be contaminated ?
Examples: doctors, nurses, veterinarians, sewage workers, medical laboratory clothing etc.

If possible, these items should not be laundered at home, but instead, a dedicated professional laundry facility should be used.
- 4 Normal laundry items**
Does this load consist of normal laundry items? (like shirts, trousers, underwear, towels)?
- 5 Kitchen/food preparation textiles**
Are you washing items used when cooking or preparing food? (like tea towels, aprons, dishcloths...)
- 6 Items heavily soiled with faeces, vomit, blood,...**
Are you washing items that have been heavily soiled with body fluids, such as faeces, vomit, blood, urine,.... ?
- 7 All normal items without intense intimate body contact**
Does this load consist of items that have limited contact with your body? (like trousers, T-shirts, pullovers, top underwear, socks, curtains, table cloths, etc.)
- 8 Items with direct intimate body contact**
Are you washing clothes that come into direct and intimate contact with the body, so they are likely soiled (visibly or not) with body fluids ? (like knickers, handkerchiefs, bath towels, bed sheets)
- 9 High people-contact sports clothing**
Are you washing clothing that is used for intense people-contact sports, like martial arts or rugby?

Washing machine advice:

Every 5th cycle, run a 60°C wash, using a general purpose powder detergent.



Care label and detergent info:

Only use a process allowed by the care label:

= bleach not allowed

= maximum temperature

If the recommended temperature, or a general purpose powder detergent (see below), is/are not allowed, use a different process with equivalent performance, e.g.:

30 °C

Light-duty, liquid or 'colour' powder detergent + appropriate laundry additive

NB: A general purpose powder detergent is a powder detergent that can be used for any textile/colour and which contains oxygen-based bleaching agents (see ingredient list on the packaging).

For more info on the care label, please visit www.clevercare.info

For other best use tips, please visit www.cleanright.eu

* When using a shared laundry facility (eg launderette), wash at 30-40 °C and use a general purpose powder detergent.

** Wash different higher risk loads separately